Dr. Ginny Whitelaw

“Move to Greatness: Focusing the 4 Essential Energies of a Whole and Balanced Leader”

Monday, February 4, 11:30 AM - 1 PM
Engineering Bldg. Room 1200
5050 Anthony Wayne Drive, Detroit
Lunch will be served.

Abstract:
In order for an individual or group to succeed in an activity or career, you need more than your technical and Engineering knowledge. You need to understand your own (and your team’s) strengths, energies and skills in order to become a whole and balanced leader. Dr. Whitlaw’s talk --Move to Greatness-- maps the way through these profound patterns of personality that interlink mind, body and behavior. You’ll learn what natural strengths you can leverage and how to uncover the pattern that moves you beyond self-imposed limits. Dr. Ginny Whitelaw, a Zen priest, Aikido black belt, and seasoned executive educator takes you on an interactive journey through four fundamental patterns in the nervous system with countless practical applications.

She will talk about patterns of behavior and you will discover...
- Why each pattern is essential, but when misapplied, is useless
- Which pattern puts fire in the belly, and how to access it instantly
- Which pattern is preferred by most engineers, and why it's indispensable and incomplete
- When being laid back is the best way forward
- Why the patterns we like least become the people we have the most trouble with
- How you can develop ease in any pattern and move toward greatness

You can find more information on her website: [www.movetogreatness.com](http://www.movetogreatness.com) The presentation here is based on her new book—Move to Greatness (with Betsy Wetzig),

Biography:
Ginny Whitelaw, Ph.D. is a biophysicist by training and a recognized expert in developing the whole leader. A Rinzai Zen priest and 5th degree Aikido black belt, she founded two Zen and Aikido schools. She has affiliated for many years with the Delta Executive Learning Center, and served as an adjunct faculty on the Columbia University’s Senior Executive Program. Prior to that, Dr. Whitelaw worked for 10 years at NASA, eventually becoming the Deputy Manager for integration of the Space Station Program.

ECE GRAs and GTA encouraged to attend.